

# Catherine Cadley

**Guitar League member since:** 2008

## **When did you start playing guitar?**

Started playing guitar at age 11 (1976) after two years of violin instruction at Syracuse City Schools. My uncle, Ed Hamell, was my first instructor — followed by Chuck Cavallero (Guitar Studio in Eastwood), then later Rick Ballestra, and Gordon Moore.



## **What was your motivation to learn the instrument?**

Major motivation was to play music that I was hearing on the radio — and that guitar was a very “cool” instrument.

## **What style(s) do you play?**

In the past 14 years, I’ve moved toward playing a lot of flatpicking style, — a la Doc Watson, Tony Rice, Norman Blake. In years past, I’ve studied classical style, fingerstyle and jazz.

## **What make/model guitar(s) do you play?**

My newest favorite is a Bourgeois Country Boy, Mahogany w/Sitka Spruce top. I have a Martin 000 with cutaway, a 1970 D-18, a Matsuako classical, and a Bill Lawrence Swampkaster telecaster.

## **What kind of strings do you like?**

I generally use D’Addario 80/20 bronze 12-56s. Sometimes will splurge on coated strings

## **Do you play out?**

Sure — every Monday evening at the Brae Loch Inn with my husband, John. And with our band, The Cadleys (John, me, JD Dancks, Perry Cleaveland) see [www.cadleys.com](http://www.cadleys.com)

## **Do you like to jam with others?**

Yes — love to jam. We attend a bluegrass jam pretty often with other bluegrass players in the area.

## **What is your practice routine?**

Generally, I’ll have a tune or two that I’m learning and will be working on them. I’ll do regular exercises for cross picking techniques, work on various triad voicings, etc. It’s pretty loose, and I should be more disciplined for sure.

## **What are your current goals? How does GL support them?**

Always to grow and be a better player, better listener, better improviser — and just a better overall musician. I haven’t been able to attend GL meetings for a while due to a Monday regular commitment, but GL is a great place to meet people, exchange ideas, learn different styles and just give me a boost.